

OWN THE MIC.
OWN THE ROOM.
OWN YOUR FUTURE.

Speak & Lead™

Public Speaking & Leadership Skills for Life.

A transformational 4-week experience for young minds ages 12-17.



FIND YOUR VOICE.
LEAD YOUR FUTURE.

WHAT YOU'LL EXPERIENCE

Skills that make you stand out — in school, in life, and in your future career:

- Confidence** that hits different — no more awkward “uhhh...” moments
- Leadership energy** — communicate like someone people actually listen to
- Nerve-proof speaking skills** — beat stage fright before it beats you
- Storytelling power** — make your ideas impossible to ignore
- Presence that pops** — walk in like you belong there
- Real-world confidence** — for friendships, opportunities, and future
- Certification of Completion** — This isn't about being perfect. It's about being powerful.

WHAT MAKES THIS COURSE AWESOME?

Leadership isn't just taught—it's practiced.

Through every speaking opportunity, presentation, and activity, Angel integrates her proprietary 11 Inner Powers of Personal Success, helping students discover their voice, strengthen their character, and develop the confidence to lead for life.

SPEAK. LEAD.
BECOME.

4 WEEKS. 4 POWERFUL STEPS.



WEEK 1

Create Your Personal Brand: Be the version of you your future self will be proud of.



WEEK 2

Find your voice, make an impact through storytelling, movement & expression.



WEEK 3

Upshift your Presence for Impact: Make your message impossible to ignore.



WEEK 4

Present Like a Boss: This is your moment to shine while owning the room.

MEET YOUR INSTRUCTOR



Angel Carlton Anderson is a pro speaker, leadership coach, author, and former Chicago Bulls cheerleader who brings hype, energy, and real-world wisdom. She's trained leaders at AT&T, spoken across the country, and hosts *The Transform with Angel Show*.

Translation: she knows how to bring out the best in you — and make it fun.



SPEAK

Communicate with clarity and confidence.



LEAD

Inspire others and make a positive impact.



PRESENT

Own the room and deliver powerful messages.



STAND OUT

Build your personal brand and show the world who you are.



BE RESILIENT

Overcome nerves, challenges, and self-doubt.



ACHIEVE

Develop skills that open doors for your future.

COURSE DETAILS

- Ages:** 12-17
- Duration:** 4 Weeks
- Class Size:** 20 max
- Location:** The Theater Room at South Cape Community Center, 4544 Coronado Pkwy., Cape Coral 33904
- Dates:** Tuesdays, September 8, 15, 22, 29
- Time:** 1 pm – 2:30 pm
- Investment:** \$197

STEP UP FOR STUDENTS ELIGIBLE!



REGISTER TODAY!

SPACES ARE LIMITED.

VISIT SpeakandLead.net

READY TO SPEAK. READY TO LEAD. READY FOR MORE?